Louis M. Savary received a PhD in mathematical statistics applied to the behavioral sciences from Catholic University of America and an STD in spiritual theology from the same university. He was a Jesuit for thirty years. In addition to being author or co-author of many books on the interface of psychology and spirituality, he has lectured, led workshops, taught classes, and written books about Teilhard's spirituality. His goal has been to make Teilhard's ideas practical and useful, especially for those who find his ideas difficult to understand and to apply to their own lives. Savary's book, The Divine Milieu Explained (Catholic Press Association's first place award in spirituality for 2008), offers an introduction to Teilhard's spirituality. The New Spiritual Exercises (2010) integrates Teilhard's evolutionary ideas into Ignatius's original Exercises. Why Did God Make Me? (2014) uses Teilhard's complexity-consciousness law to help people identify how to make important differences in the world. Savary is currently working on a book about Teilhard's spirituality of suffering and how the energy of suffering can help bring about the kingdom of God. More information can be found on Savary’s website, teilhardforbeginners.com.